



# REACH OUT



## NEW WEB SITE for ESSENDON ANGLICANS

The Anglican Parish of Christ Church Essendon has a new web page. Many Churches have web sites to advertise themselves and to tell others all around the world what they are doing. It also communicates to the local community and parishioners information.

Our parish web site is still being constructed with information being put on the web site. There is information on Church times, about groups in the parish, info on EssACC and the OP SHOP plus lots more. Fr John's Sunday jokes and comments will also be put on the web page. It will include pictures and resources and surprises. Reach Out will also be put on the web page and can be downloaded.

The web site is found at [www.essendonanglican.org.au](http://www.essendonanglican.org.au) and all are invited to check it out and make comment.

St Andrew's Aberfeldie (part of EssACC) also has a new web page and it can be seen at [www.aberfeldieanglican.org.au](http://www.aberfeldieanglican.org.au)

## [www.essendonanglican.org.au](http://www.essendonanglican.org.au)

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A MONTHLY NEWSLETTER FROM THE ANGLICAN PARISH OF CHRIST CHURCH ESSENDON  
JUNE 2010

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Vicar: Fr John Mathes

Telephone: 0417 407 768 or 9379 2770

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# FJ's reflection

**DEAR PARISHIONERS,**

## **PLANNING DAY**

Thank you to all who came to the planning day where we dreamt about the church we want. A summary of the comments made on the day is available and will also be on our web page.

The Vestry and Wardens are now reflecting on the ideas and comments made on the day and preparing a MAP (Mission Action Plan). This plan will set out our goals and directions for the next 3 years or so. Before it is adopted it will be distributed to parishioners for comment.

## **OP SHOP**

This is a wonderful asset to the Church and provides a wonderful service in many ways to the Community. Please support the Op Shop. The Op Shop is looking for volunteers. If you can spare some time please talk to Barbara Szczurko.

The recent Musical Luncheon was a great success—well done to the organisers.

## **BIBLE STUDIES**

If we are to grow in faith it is important that we read our bible and pray. It is also important to study the bible. We are offering 2 bible study groups for people to attend. They will be on the 2nd and 4th Wednesday each month at 11.00 am (run by Fr John) and the second group will meet at 7.30 pm (run by Gail Paxman). Both groups will be exploring the same material in LUKE'S Gospel. Can I encourage all to come along.

## **WEB PAGE**

I am delighted with the new web page and the way it is developing. Can I encourage all to check it out regularly. If you don't have a computer—talk to me and I can show you all. Or talk to other family members who might have a computer.

## **EssACC**

Thank you to all who participated recently in the EssACC bowls night and the recent Pentecost Service. Both were great events. Well done...

## REDEVELOPMENT

The Redevelopment Committee, (Wardens & Fr John) have been getting several options together. These will be presented to Vestry very soon and then to the congregation for discussion. Please look out in the next few weeks for suggested plans.

The Lord be with you ...

Your Vicar

*Fr John.*

## PARISH PANTRY

Now that Fr John has been here a few months, there has been demands on the Parish Pantry.

We desperately need the following items:

2 minute noodles  
Small individual packets of cereal  
Satchels of coffee  
Long life milk



Thank you  
Sue Mac



## Who I Am In Christ

### I Am Accepted in Christ

|                     |                                                      |
|---------------------|------------------------------------------------------|
| John 1:12           | I am God's child                                     |
| John 15:15          | I am Christ's friend                                 |
| Romans 5:1          | I have been justified                                |
| 1 Corinthians 6:17  | I am united with the Lord and one with Him in spirit |
| 1 Corinthians 6:20  | I have been bought with a price, I belong to God     |
| 1 Corinthians 12:27 | I am a member of Christ's body                       |
| Ephesians 1:1       | I am a saint                                         |
| Ephesians 1:5       | I have been adopted as God's child                   |
| Ephesians 2:18      | I have direct access to God through the Holy Spirit  |
| Colossians 1:14     | I have been redeemed and forgiven of all my sins     |
| Colossians 2:10     | I am complete in Christ                              |

*Contributed by Gail Paxman*

## EssACC PENTECOST SUNDAY



Almost 90 people gathered for the annual EssACC Pentecost Sunday service held this year at Christ Church Essendon. Clergy and parishioners from Strathmore, Aberfeldie and Essendon joined together for the service.

Fr John Mathes (Essendon) with Rev'd Sophie Watkins (Strathmore) and Fr Kenneth Lay (Aberfeldie) celebrated the Eucharist. The preacher was Abbot Michael King from the Anglican Benedictine Abbey at Camperdown. He spoke on the Holy Spirit. A cuppa was appreciated after the service.



### VOLUNTEERS NEEDED

Christ Church Op Shop is looking for volunteers to assist in its program. If you have time available and are interested, please contact Barbara Szczurko  
Ph 9379 8965

### CHRIST CHURCH OP SHOP

Come and check out the gold mine of items available in the CHRIST CHURCH OP SHOP

**Tuesday to Friday 10 am-4 pm**  
**Saturday 9.30 am to 12.30 pm**

## **PART OF OUR CHURCH HISTORY**

*The Argus (Melbourne)  
Wednesday 6th February 1901  
Page 6*

### **CHRIST CHURCH, ESSENDON.**

The annual meeting of the parishioners was held on January 31, in the parish hall, the incumbent (the Rev J Good) presiding. The chairman, in reviewing the work for the year, said that the Sunday school roll had increased. Mr F L Cooper, who had ably filled the position of hon secretary at the school for three and a half years, was present for the last time, and was made the recipient of a gold pencil-case from the teachers as a slight recognition of his services. The chairman referred to the general regret which was felt at the departure of one who, by his zeal in the work, had endeared himself to all. The balance sheet showed an increase, in comparison to last year, by which the guardians were enabled to pay £75 off the church debt, and close the year with a credit balance of £26. Messrs J G Charles and A Eades were appointed by the incumbent as his representatives, while Messrs A A Barnes, G Doyle, J R Farrant, G W Rosier, A Semple, and R Tuffield were elected by the parishioners; Messrs W H Cadwallader and J H Corry being re elected auditors.

*Contributed by Gail Paxman*

## **Richard Giles - Workshop**

Re-ordered spaces, Renewed  
worship, Re-invigorated  
communities

**Sunday 8th August**

**2.00 pm-5.00 pm**

at St Aidan's Strathmore.

Donation \$10

See Fr John if interested in  
attending & he will book you in.

RICHARD GILES is an Anglican priest who grew up in Birmingham and gained degrees in town planning and theology at Newcastle University. After training at Cuddesdon, he served in parishes in the Midlands and the North of England before becoming parish development officer and canon theologian for the Diocese of Wakefield, working with parishes to rethink and redesign their buildings as part of mission strategy. His particular expertise in the design of liturgical space bore fruit in the publication of *Re-Pitching the Tent*, now in its third edition, *Creating Uncommon Worship* (2004) and *Times and Seasons* (2008). Other titles include *Mark my Word*, daily meditations on Marks' Gospel, *How to be an Anglican*, a light-hearted introduction to Anglican belief and practice, and *Here I Am*, reflections on the ordained life, all from Canterbury Press. From 1999 to 2008 he was Dean of Philadelphia Cathedral in the Diocese of Pennsylvania, USA, where he oversaw the radical renovation of the cathedral to become a place of transformative worship. In 2008 he became a Visiting Fellow of St John's College, Durham. He continues to work as a consultant in liturgical design, and lives in Tynemouth.

## VANDALISM AROUND OUR CHURCH



When I was much younger, I was taught that cemeteries, war memorials were sacred places. I was also taught that churches were also sacred places as well as holy sites. I would suggest that your home and my home are also places that are sacred as well as homes for the elderly.

Christ Church Essendon was vandalised by someone writing inappropriate slogans on the wall of our church in gold paint. Recently the Catholic Church down the road received the same treatment. Churches are sacred places that should not be damaged but treated with respect.

Jesus said, "Love your neighbour." Loving your neighbour means caring for your friends and also for those we do not know but encounter on the walk through life. Loving our neighbour means helping not only the person who lives next door but also the stranger we meet.

When we vandalise and wreck other people's property it is not a good way of loving your neighbour. It shows a lack of respect and understanding.

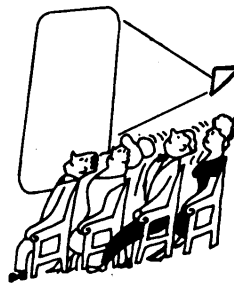
May we all have a respect for that which is sacred and love one another.

FJ

## OVER MY HEAD

Once while teaching an adult Sunday school class, I decided, it's time to be up-to-date and innovate.

We were studying an Old Testament historical book, but it wasn't going to be boring if I could help it. I found an overhead projector and taught myself how to use it. then I developed an outline to display on the overhead. I spent a lot of time figuring out how to make it look best.



When Sunday morning came, at the right moment in the lesson, I flipped on the overhead. The beautiful outline flashed on the wall for

all to see.

I wanted to use the overhead to emphasise a great truth I'd seen in the passage. Grabbing one of the special markers I'd bought, I walked over and started writing my point in bold letters on the outline. The class burst out laughing.

Why are they laughing? I thought to myself. This is the critical point!

Then it hit me. I was writing on the wall. It seems I'd been a little unclear on the overhead concept.

The class wouldn't let me forget it. In fact, for many weeks they wouldn't allow me to remove my brilliant insight from the wall.

C.D. Monismith



## EssACC BOWLS NIGHT

The first "sporting" event for sometime to "contest" the Pura Cup was held on Wednesday 19th May at the Strathmore Bowling Club. There were eight teams: two from Essendon, two from Strathmore and four from Aberfeldie.

Simply because Aberfeldie had the extra people, they were able to accumulate the greatest number of points. Well, they had no chance of winning on our ability alone!



Pictured is Fr Kenneth & the winning team. We all had a great night and are looking forward to playing again in 2011.

Thank you to the Strathmore people who arranged a great evening and to all the 34 people who played during the evening

and those who came along to "support".

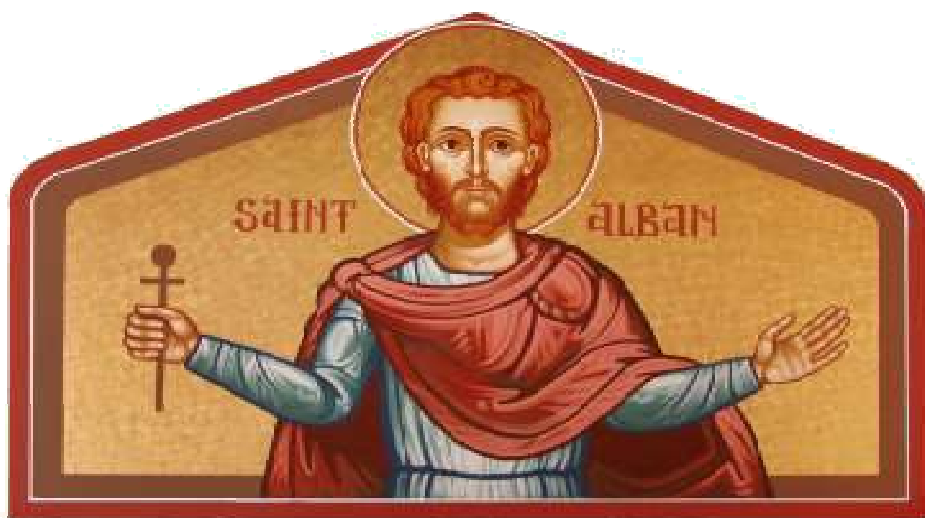
*(Adapted from the Aberfeldie web page)*



In twenty years half of the clergy  
will be women

To love abundantly is to live abundantly, and to love for ever is to live for ever. Hence. eternal life is inextricably bound up with love. We want to live for ever for the same reason we want to live tomorrow. Why do you want to live tomorrow? It is because there is someone who loves you, and whom you want to see tomorrow, and be with, and love back. There is no other reason why we should live on than that we love and are beloved.

*Henry Drummond*



## June Saint - St Alban

St Alban was the first martyr of Britain, and died around 304ad. St. Alban meets us as early as the pages of Bede's "Ecclesiastical History." According to this, St. Alban was a pagan living at Verulamium (now the town of St Albans in Hertfordshire), when a persecution of the Christians broke out, and a priest flying for his life took refuge in Alban's house. Alban sheltered him, and after some days, moved by his example, himself received baptism.

Later on, when the governor's emissaries came to search the house, Alban disguised himself in the cloak of his guest and gave himself up in his place. He was dragged before the judge, scourged, and, when he would not deny his faith, condemned to death.

On the way to the place of execution Alban arrested the waters of a river so that they crossed dry-shod, and he further caused a fountain of water to flow on the summit of the hill on which he was beheaded.

His executioner was converted, and the man who replaced him, after striking the fatal blow, was punished with blindness. A later legend informs us that the priest's name was Amphibalus, and that he, with some companions, was stoned to death a few days afterwards at Redbourn, four miles from St Albans.

St. Alban has been continuously venerated in England since the fifth century. His feast is still kept as of old, on 22 June

St Alban cathedral in St Albans, in Hertfordshire, England stands on the site where St Alban was martyred.





# Reflections on the Anglican Eucharist

This is a series of reflections on what we do each Sunday at the Eucharist so as to help us understand more what we do and why.

## PART 3 PENITENTIAL RITE & KYRIE

The inclusion of a penitential rite at this point in the service helps us to approach the Eucharist with a pure conscience and with a proper attitude.

The rite has four steps: the priest invites us to recall our sins, we briefly reflect in silence, we publicly as a community acknowledge our sinfulness and the priests prays asking for God's mercy and forgiveness.

The Kyrie Eleison (Lord have mercy) is the remnant of an ancient liturgy which follows the penitential rite if it is not incorporated into it. It is as much an act of homage to the risen Lord as it is a cry of repentance and plea for mercy.

It is important to note that salvation and forgiveness in the Gospels are often associated with meals at which Jesus was present, especially the last supper.

## PART 4 GLORY TO GOD IN THE HIGHEST

Part of our rich Christian inheritance are the hymns found in the Psalms and the New Testament. One of the best known is the *Gloria* which is an ancient hymn in which the Church, assembled in the Holy Spirit, praises the Father and the Lamb (the Christ).

Though it begins with the jubilant words of the angels announcing the birth of Jesus (Luke 2:13-14), it was originally associated not with Christmas but with Easter. Influenced by Jewish prayer models, the *Gloria* came into our liturgy from Eastern sources early in the sixth century as a morning hymn of joyful praise.

At first it was reserved to special occasions (Sundays and martyrs feasts) and only intoned by the Bishop. At the Easter vigil, all priests were accorded this privilege. Now the hymn is said or sung in all Sunday Eucharists except in Lent and Advent when it is replaced by the *Trisagion* (*Holy God, Holy and strong, holy and immortal, have mercy on us.*)

*Gtr, Capo 3* Eb(C) Ab(F) Bb(G) Eb(C) Ab(F) Eb(C)

Organ

Glo - ry to God in the high-est, and

Ab(F) Bb(G) Cm(Am) Fm(Dm) Bb(G) Fm(Dm) Bb(G)

peace to God's peo - ple on earth, Lord God,

Gm(Em) Cm(Am) Ab(F) Fm(Dm) Bb(G)

hea - ven - ly King, al - might - y God and Fa - ther, we

# **The Bread of Life**

## **Part 2 – God’s Hospitality**

God is hospitality par excellence and is indeed the perfect host. Whilst God provides us with a world to live in; provides for all our needs; allows us to use his gifts as we see fit; God wants us to have more; and there is more! God loves us so much that he wants to share his eternal life with us; and invites us into a relationship with him. God’s ultimate act of hospitality was when he humbled himself, became a helpless baby at Bethlehem, shared in the daily toil, trials and tribulations of our earthly lives; suffered death at Calvary; and his resurrection. The nativity, crucifixion; and resurrection weren’t just one off events, but are perpetual events which we experience at every Eucharist.

The Earth’s core is molten rock which would burn us to a cinder in a split second, yet we are standing on it. However, the Earth is so thick that we’re insulated from this great heat, and only become aware of it when a volcano erupts, spewing forth this molten lava for all to see. God’s presence is something like molten lava, we don’t feel the full force until it bursts forth much like a volcano does. The Eucharist is such a volcanic moment!

In the 1662 service, the priest said a prayer after all had received communion, part of which I shall quote ... “and here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and lively sacrifice unto thee; humbly beseeching thee, that all we, who are partakers of this holy communion, may be fulfilled with thy grace, and heavenly benediction.” ... Indeed, this is what we’re doing when members of the congregation bring the bread and wine up to the altar. We’re actually offering ourselves to God as a sacrifice. Unlike the false pagan gods that heathen religions worship, God does not require human sacrifices; indeed the exact opposite is true. God wants to give us his eternal life! The only sacrifice God requires of us is for us to swallow our pride, and acknowledge the fact that we need him and cannot do without him. Now that’s hospitality!

The priest says the prayers of consecration; in a nutshell, this is inviting Christ to come to us as he promised he would when two or three (or more) were gathered together in his name. Many people, notably those of the evangelical persuasion erroneously believe the Eucharist is merely a re-enactment of the last supper. In other words, a memorial service where we symbolically share a festive meal in remembrance of Jesus Christ. Such notions are a load of old cobblers, and have no basis in scripture. Whilst it is true that the Eucharist is a re-enactment of the

last supper, and a festive passover meal, these things are only elements of the Eucharist, and not the purpose nor the focus of the Eucharist. Although John's gospel focuses on Judas betraying Jesus at the last supper, and doesn't mention bread and wine, the synoptic gospels of Matthew, Mark and Luke do. In all three synoptic gospels Christ says "This in my body; This is my Blood" it is a firm statement that it is, and cannot be that it is not. The bread and wine are turned into Christ's body and blood. This is why we call the bread the host, because Christ is the host who invites us to his supper. This is why we genuflect to the blessed sacrament because it is Christ himself we're genuflecting to. It is customary to pay one's respect to kings by genuflecting, and Jesus Christ is the greatest of all kings. Christ always spoke in parables when there may have been confusion over what he was saying, however in this instance there was no parable which confirms we're meant to take him literally.



The priest cannot change bread and wine into Christ's body and blood; this is what Christ does for us of his own free will. What the priest does is to invite Christ to come, and then Christ uses the priest as a vessel for the flow-through of his power. This is known as the doctrine of Persona Christi, which is Latin for the Person of Christ; however it is too involved to elaborate upon here. The consecrated bread and wine are not some magic potion that Professor Snape would brew up in the Harry Potter novels. Fr Ian Hunter often pointed out

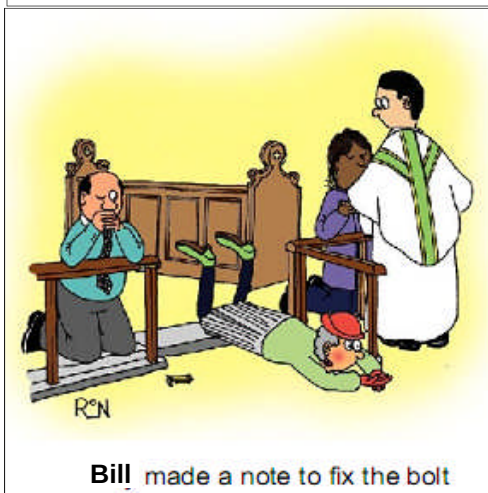
that there are some questions which cannot be answered this side of Heaven; the Eucharist falls into this category. It is indeed beyond human comprehension to understand how ordinary bread and wine can be transformed into Christ's body and blood; we just have to accept it in faith. We can however bet London to a brick that if Christ says it is so, then it is so. The process is called transubstantiation; and is termed one of the Holy Mysteries because we can't understand it fully but God does. We are now in Christ's presence.

The volcanic moment has arrived when we receive communion. If we have come properly prepared; we experience a feeling of great joy, which could be likened to a volcanic eruption; however if we haven't prepared our hearts to receive Christ, it can be a real fizzer. The whole thing centres on our willingness to receive Christ! Indeed, a miracle takes place; the bread and wine which are the summary of our earthly lives are transformed into eternal life for us by Christ, because he is present in the bread and wine. The bread and wine

are an interface which joins us to Christ, and Christ to us; we in fact become as one because we now share in his eternal life. Receiving communion is a very intimate moment with Christ, because he touches us on a personal level in our souls, and also on a communal level because we are all incorporated into the body of Christ. In offering our lives to Christ; Christ gives us his eternal life. Unlike baptism, which is once and for all; we partake of the Eucharist as often as we can because we yearn for Christ's presence, and he's only too happy to come to us as often as we need him. The following prayer which some of us say after receiving communion can be helpful in contemplating what has just taken place. It is called the Anima Christi which is Latin for Soul of Christ. (J. H. Newman's translation.)

Soul of Christ, be my Sanctification,  
 Body of Christ, be my salvation,  
 Blood of Christ fill my veins;  
 Water of Christ's side wash away my stains;  
 Passion of Christ my comfort be,  
 O good Jesu listen to me;  
 In thy wounds I fain would hide,  
 Ne'er to be parted from thy side;  
 Guard me, should the foe (the devil) assail me,  
 Call me when my life shall fail me,  
 Bid me come to thee above,  
 With thy saints to sing thy love  
 World without end. Amen.

*Christine L. Robins B.Theol.*



## BLEMISHES

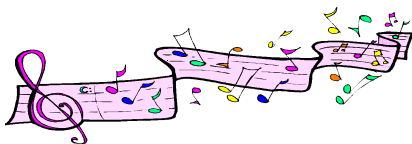
I recall the story of a woman who stained a handkerchief with some ink. Her friend, an artist, sketched the petals of a rose around it. The hankie became more beautiful and more precious. She put it in a frame and it became a lovely picture on her wall, and a reminder of how another artist - our Saviour - can do likewise with the imperfections, stains, pains, and blemishes of our lives.



# An Afternoon of Gilbert and Sullivan

**DATE:** Sunday 20<sup>th</sup> June 2010  
**TIME:** 2 p.m.  
**VENUE:** St Andrew's Church Memorial Hall  
29 St. Kinnord St., Essendon

**ENTERTAINMENT PROVIDED BY:  
THE GILBERT AND SULLIVAN SOCIETY OF VICTORIA  
CONCERT PARTY**



Donation - \$10



*Afternoon Tea provided after the performance*

**BOOKINGS — BARRY OR KAY HARRISON - 93375230**

## **Out of the mouths of babes ... GOD**

One of God's main jobs is making people. He makes these to put in place of the ones that die so there will be enough people to take care of things here on earth. He doesn't make grown-ups. Just babies. I think because they are smaller and easier to make. That way he doesn't have to take up his valuable time teaching them to talk and walk. He can just leave that up to the mothers and fathers. I think it works out pretty good.

God's second most important job is listening to prayers. An awful lot of this goes on, as some people, like preachers and things, pray other times besides bedtime. God doesn't have time to listen to the radio or TV on account of this. As he hears everything, not only prayers, there must be a terrible lot of noise going into his ears unless he has thought of a way to turn it off.

God sees everything and hears everything and is everywhere, which keeps him pretty busy. So you shouldn't go wasting his time by going over your parents' head and ask for something they said you couldn't have.

Atheists are people who don't believe in God. I don't think there are any in Chula Vista. At least there aren't any who come to the Episcopal Church.

Jesus is God's Son. He used to do all the hard work like walking on water and doing miracles and trying to teach people about God who didn't want to learn. They finally got tired of him preaching to them and they crucified him. But he was good and kind like his Father and he told his Father that they didn't know what they were doing, to forgive them and God said OK. His Dad (God) appreciated everything he had done and all his hard work on earth, so he told him he didn't have to go out on the road any more. He could stay in Heaven. So he did. And how he helps his Dad out by listening to prayers and seeing which things are important for God to take care of and which ones he can take care of himself without having to bother God with. Like a secretary, only more important, of course. You can pray anytime you want and they are sure to hear you because they've got it worked out so one of them is on duty all the time.

You should always go to Sunday School because it makes God happy, and if there's anybody you want to make happy, it's God. Don't skip Sunday School to do something you think will be more fun, like going to the beach. That is wrong. And besides, the sun doesn't come out at the beach until noon anyway.

If you don't believe in God, besides being an atheist, you will be very lonely because your parents can't go everywhere with you, like to camp, but God can. It's good to know he's around when you're scared of the dark or when you can't



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Items for inclusion in Reach Out need to be with the Editor *no later* than last Sunday in the month.

Opinions expressed in the ReachOut belong entirely to the person writing the article, and not necessarily to the parish, vicar, editor or parish representatives.

## Children's Letters to God

Dear God,  
I want to be just like  
my Daddy when I get  
big but not with so  
much hair all over



Sam

## INTERNET SITES TO CHECK OUT

<http://www.biblestudytools.com/>

a library of online Bible study resources including 30+ Bible Translations, commentaries, encyclopaedias and dictionaries. A Parallel Bible tool lets you compare verses from more than one translation and version.

*Gail Paxman*

swim very good and you get thrown in real deep water by big kids. But you shouldn't just always think of what God can do for you. I figure God put me here and he can take me back any time he pleases.

*Danny Dutton, age 8, Chula Vista, California.  
Rhode Island Episcopal News.*

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# PARISH DIARY



# June 2010

## **SUNDAY 6<sup>th</sup> – Corpus Christi**

8.00 am Eucharist  
9.30 am Solemn Eucharist  
followed by morning tea

**Monday 7<sup>th</sup>**  
Vicar's day off

**Tuesday 8<sup>th</sup>**  
9.30 am Craft  
1.30 pm Tuesday Ladies Fellowship

**Wednesday 9<sup>th</sup>**  
10.00 am Eucharist  
11.00 am Bible Study  
7.30 pm Bible Study

## **SUNDAY 13<sup>th</sup> – OS 11**

8.00 am Eucharist  
9.30 am Sung Eucharist  
followed by morning tea  
11.30 am Vestry meeting

**Monday 14<sup>th</sup>**  
Vicar's day off

**Tuesday 15<sup>th</sup>**  
9.30 am Craft

**Wednesday 16<sup>th</sup>**  
10.00 am Eucharist

## **SUNDAY 20<sup>th</sup> OS 12**

8.00 am Eucharist  
9.30 am Sung Eucharist  
2.00 pm G & S Concert at Aberfeldie

**Monday 21<sup>st</sup>**  
Vicar's day off

**Tuesday 22<sup>nd</sup>** - Alban  
9.30 am Craft

**Wednesday 23<sup>rd</sup>**  
10.00 am Eucharist  
11.00 am Bible Study  
1.30 pm Essendon Nursing Home  
2.00 pm Trevi Court  
7.30 pm Bible Study

## **SUNDAY 27<sup>th</sup> – OS 13**

8.00 am Eucharist  
9.30 am Sung Eucharist  
followed by morning tea

**Monday 28<sup>th</sup>** – Irenaeus of Lyons  
Vicar's day off

**Tuesday 29<sup>th</sup>** – Peter & Paul  
9.30 am No Craft

**Wednesday 30<sup>th</sup>**  
10.00 am Eucharist

## **SUNDAY 4<sup>th</sup> July– OS 14**

8.00 am Eucharist  
9.30 am Sung Eucharist  
followed by morning tea

**Monday 5<sup>th</sup>**  
10.00 am Op Shop Committee

**Tuesday 6<sup>th</sup>**  
9.30 am No Craft

**Wednesday 7<sup>th</sup>**  
10.00 am Eucharist

